

Student Services: Mental Health Support Data

UAL provides mental health support to our students through our [counselling, health advice and chaplaincy](#) services. As well as in-house support, UAL provides specialist referrals. The following provides available data about this service, University spend, staffing and who accesses the services. Data will be updated on an annual basis and reported on by academic year.

Spend

Mental health support service budget by academic year. The budget includes the staffing of Counsellors, Mental Health Advisors and Professional Mentors.

Academic Year	Budget (£000)
2018/19	1,083
2017/18	795
2016/17	772
2015/16	619
2014/15	543

Staff data

Number of Full Time Equivalent staff

Academic year	Counsellors (FTE)	Mental Health Advisors (FTE)	Professional Mentors (FTE)
2018/19	10.0	7.0	4.0
2017/18	6.4	5.6	4.0
2016/17	9.0	3.0	4.0
2015/16	6.5	2.0	4.0
2014/15	6.0	2.0	3.0

Number of access hours available during term time.

Academic year	Counsellors (hrs)	Mental Health Advisors (hrs)	Professional Mentors (hrs)
2018/19	182	175	97

Student data

Total number of student accessing UAL mental health support service by academic year

Academic year	No. of students who received at least one individual session	University population
2018/19	3441	19508
2017/18	3309	19372
2016/17	2532	18461
2015/16	2224	18884
2014/15	2064	18992

Number of students who have accessed UAL mental health support by gender

Academic Year	No. of female students who have accessed counselling	As a percentage of total female population	No. of male students who have accessed counselling	As a percentage of total male population	No. of non-binary students who have accessed counselling	As a percentage of total non-binary population
2018/19	2762	19%	665	14%	14	35%
2017/18	2613	18%	693	15%	3	11%
2016/17	1974	14%	554	12%	4	20%
2015/16	1734	12%	488	10%	2	11%
2014/15	1637	12%	425	9%	2	17%

Number of students who have accessed UAL mental health support by degree level

Academic year	Undergraduate	Postgraduate	Further Education / Other courses
2018/19	2687	547	207
2017/18	2671	476	162
2016/17	2086	395	51
2015/16	1790	343	91
2014/15	1681	335	48