

Show and Tell Series

# My Favourite Clothes



# **Ever wondered why a piece of clothing makes you happy?**

In this London College of Fashion worksheet, we would like to see and hear the stories about the clothes in your family

**Be curious  
discover more!**



# What you will need

To complete this worksheet, you will need

- a mobile phone or camera
- a pen and paper
- some favourite clothes of yours and your family

and curiosity.....

# 1.

Collect up to 3 items of clothing - these can be your favourite clothes, or ask a family member to give you their favourite item of clothing from their wardrobe.



# 2.

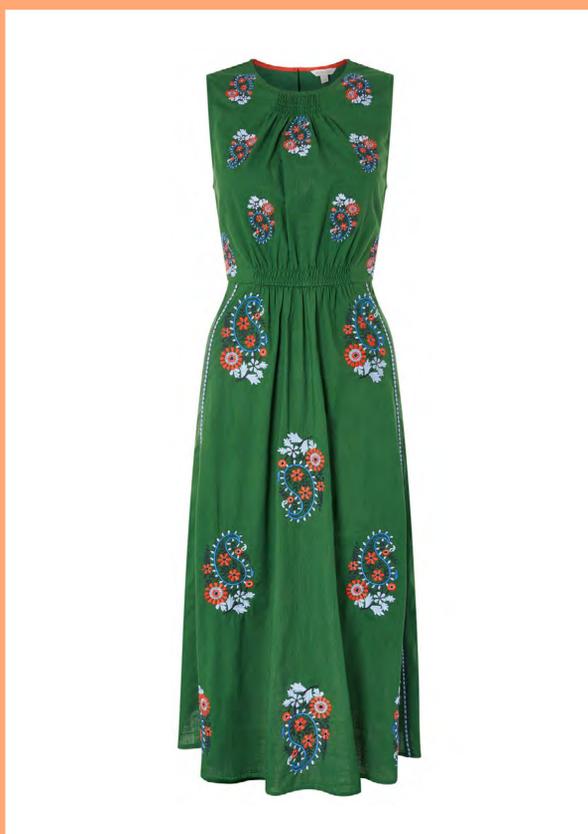
Label each item of clothing Number 1, Number 2 and Number 3. Write the number on a piece of paper and take a picture of them with their number, so you remember them.

For example:

1



2



3



# 3.

Then sit down with the clothing in front of you and answer the questions for each one in turn.

# 4.

When completed take a photo of your answers on the piece of paper. Then ask your teacher to upload your photos onto the LCF Padlet page

**Most of all  
have fun!**

# Question 1

# What?



# Question 1

How would you describe each item of favourite clothing

What part of the body is it worn on?

Who does it belong to?



For example:

This is a midi dress. It  
covers my shoulders,  
tummy and goes down  
to my knees. The dress  
is mine.

## Question 2

# Colour and design



# Question 2

Describe the colour and any decoration that you can see on the clothing

What do you like about the item?

Ask the owner what they like about colour and decoration

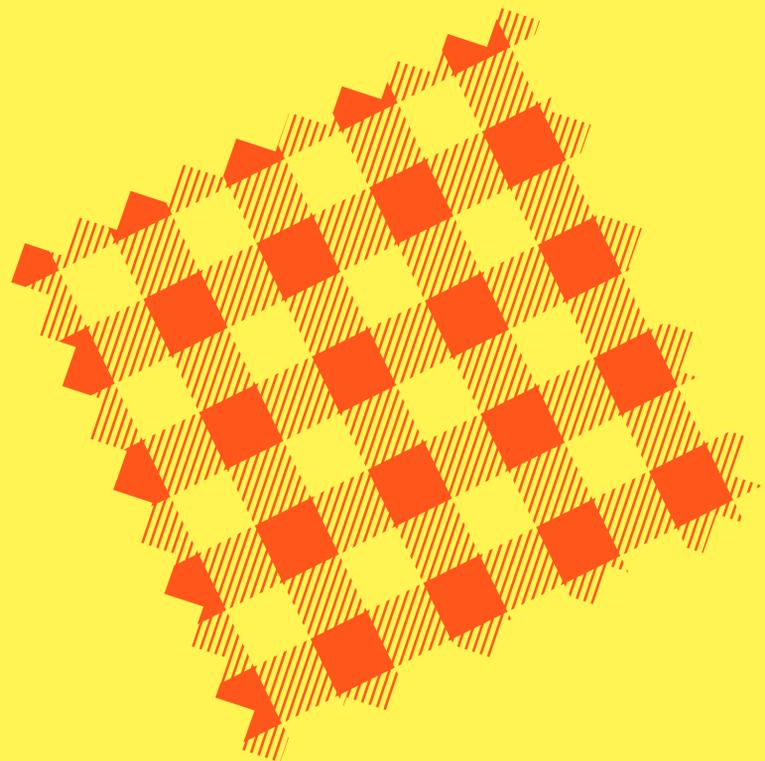
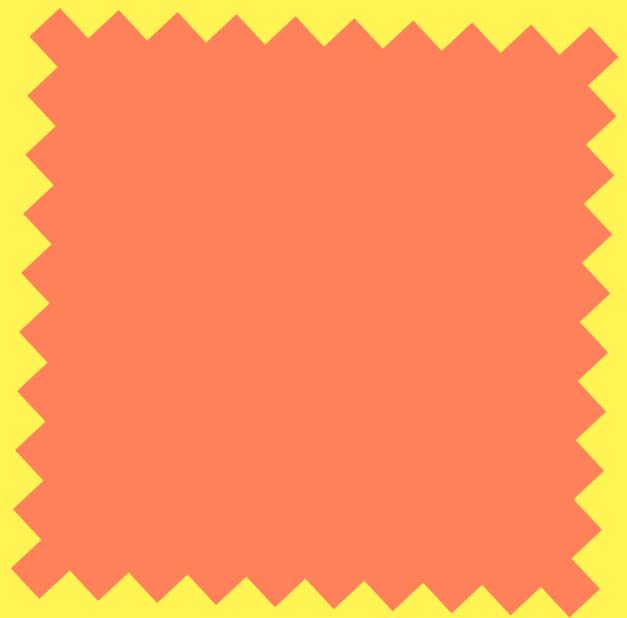
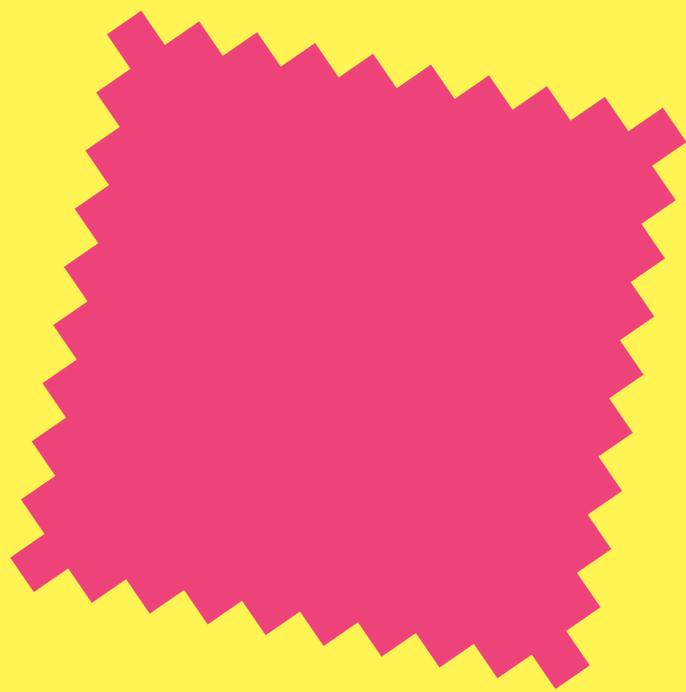
For example:

*The dress is yellow and has flowers in pink, green and yellow. Mum says it also has a slightly textured finish, as well as a cross-over front with pretty ruffles. The back is stretchy so it has a snug, comfortable fit. I love the dress! It makes me feel like a princess.*



## Question 3

# Material



# Question 3

Can you describe what the clothing is made out of?

How does it feel like to touch? Is it heavy, light, rough, smooth?



For example:

*It feels light and soft to touch and it flows really well.*

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## Question 4

# The label



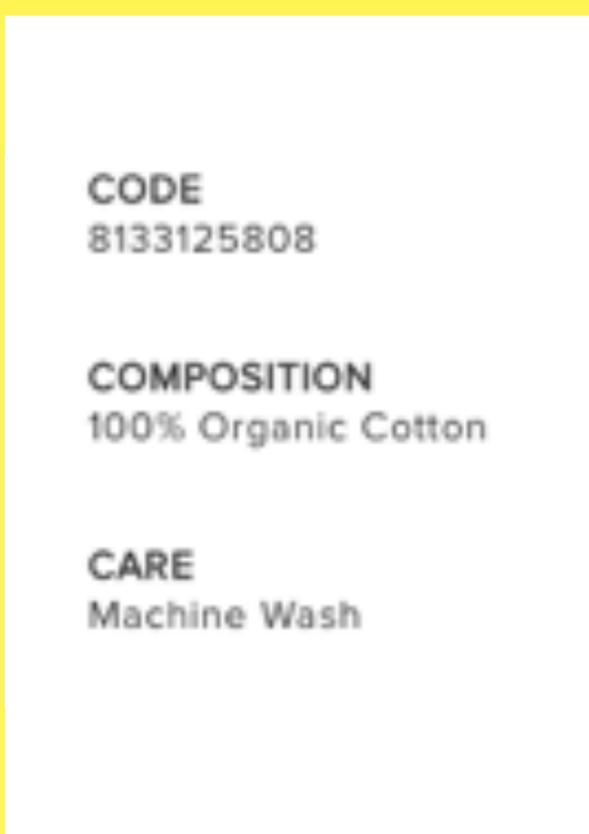
# Question 4

Can you find the label or labels on the clothing.

What do the labels tell you? For example; where it was made, what size it is, how to wash it, what the brand or company who made it is called.

Can you draw the washing symbols?

For example:



*There is only one label. It does not tell us where the dress is made but Mummy got this from Monsoon. The label says to wash at 30, not to tumble dry and 100% organic cotton.*

## Question 5

# Wearing the clothing



# Question 5

Describe where and when the clothing is usually worn. For example; in summer, winter, autumn or spring, in the evening, to work, to parties, to bed?

Ask the owner, why they think the clothing is suitable for this use.



For example:

*The dress is quite smart. It  
can be worn in the  
summer to weddings or  
parties, but I like to wear it  
whenever I can.*

## Question 6

# The owner

Ask the owner the following questions and write in their answers:



# Question 6

Where did you buy the item of clothing?

Is the clothing comfortable?

How old is the item of clothing?

Why is this item of clothing their favourite item?



For example:

*Mummy bought this  
dress before my  
Auntie's wedding last  
summer. She said that  
it was a very pretty  
dress. I love it too!*

**Now repeat  
these  
questions for  
items  
numbered 2  
and 3.**

# Finally... write a story

Thinking about one of the items you have looked at already – ask the owner some questions and write their story for us here.



To help you, here are some questions you could ask the owner to get them to tell you their story:

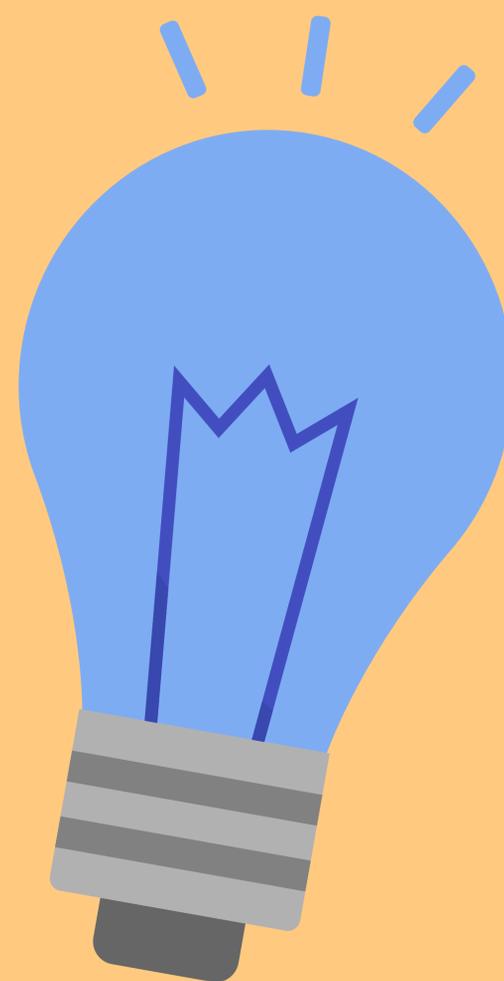
1. Tell me a story about a time when you were wearing this.
2. Tell me about the story of buying the item. Why do you remember it?
3. Why do you think this is your favourite item in your wardrobe?
4. How does it make you feel when you wear it?

**Or - you can  
draw a picture...**

Draw a picture of your perfect piece of clothing.

It could blow bubbles, have technology that knows when you are hungry, or can transform with a press of a button.....anything at all.

Write notes on the picture to explain why you think it is perfect.



Take a photo of the story  
or picture and send it to  
your teachers

– don't forget to include  
the picture of the piece  
of clothing as well!



# About University of the Arts London, London College of Fashion

London College of Fashion is one of the most famous places in the world to learn about fashion. People who want to be fashion designers, fashion journalists, make fashion videos or start their own business when they grow up come here to learn how. Fashion is not just about making clothes.

Soon we will be moving to the Olympic Park, where we will have a lot more space to do fun and interesting things and we want to share that with you and everyone that lives and works in east London.

[Click here](#) for more information on University of the Arts London.

Any questions email us at:  
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of fashion

**With thanks to Susanna Cordero, Senior  
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**[arts.ac.uk/fashion](https://arts.ac.uk/fashion)**

