

Password security and requirements

Your password must meet the following requirements:

1. Passwords are case sensitive – they should have a mixture of upper and lowercase letters as well as numbers
2. Must be at least 8 characters long
3. Must not include part of your name or username
4. Must not include a common (dictionary) word or commonly used sequence of characters

Further security advice

- Under no circumstances should you share your network password with any other person, write it down where it can be viewed by others, or attempt to gain access to anyone else's password.
- Passwords should not be easy to guess or for an algorithm to generate. Long passwords containing nonsense words, passphrases, symbols and numbers work best, while single words and simple number or letter sequences should be avoided, including where numbers are substituted for characters, for example '0' in place of 'o'.
- Stolen passwords can remain unused and undetected for many years, and for this reason your UAL password should be different from any other you have used.
- Change your password regularly – especially if you're concerned you may have clicked on a suspicious email.