Pattern making guide
Scrubs trouser pattern

Pattern pieces included;
- Scrubs trouser leg (cut x 4)
- Scrubs trouser, waistband (cut x 2 on fold)
- Scrubs trouser, drawstring (cut on fold)
Pattern making guide
Scrubs trouser
Cut x 4

- Create a 10cm square grid 4 x 11 and follow measurements as per drawing.

- When pattern is drawn out add 1cm seam allowance around full pattern except at hem.

- Seam allowance at hem = 2cm

Grid should be scaled to equal 10cm x 10cm squares
- Create a 10cm square grid x 6 and follow measurements as per drawing.

- When pattern is drawn out add 1cm seam allowance around full pattern except at FOLD line and CF (Centre Front).

- Seam allowance at FOLD = None

- Seam allowance at CF = 2cm

Black pattern = size M/L
Red pattern = size S/M
- Create a 10cm square grid x 7 and follow measurements as per drawing.

- When pattern is drawn out add 1cm seam allowance around full pattern except at FOLD/CB.

* If you have an existing drawstring, this pattern is not required

THIS PATTERN WORKS FOR BOTH SIZES = S/M AND M/L

Grid should be scaled to equal 10cm x 10cm squares