

Checklist for students with Covid-Related Authorised Absence, 2021

We know you're excited about joining your UAL course onsite as soon as you can, to get the full course experience. We urge you to do this as soon as you can do so safely. In the meantime, this checklist is for you if you're on an approved Covid-Related Authorised Absence (CRAA) for part of Term 1. There are two sections, one to work through **whilst you're studying online**, and one **before you arrive onsite**.



Whilst you're studying online

| | |
|---|-------------------------------------|
| You are welcome! | <input checked="" type="checkbox"/> |
| Listen to some Student Voices. Find out what our students think about being at UAL by listening to their different experiences. Use your UAL login details to log on to Academic Support Online and you can select from Student Voices organised by theme . | |
| Hear from UAL's President and Vice Chancellor – James Purnell has a Welcome message for you . | |
| Meet new people whilst you're studying online – Arts SU's Companion Scheme matches you to another student who has also joined the scheme. Once you've joined, you might like to join one of the Arts SU Companion Groups too. | |
| Stay safe | |
| Take a look at this guidance on studying and creating safely at home . | |
| Have a look at UAL's latest advice and support to help you study safely . | |
| Complete UAL's online sexual consent module. Learn about what sexual consent means and challenge myths surrounding sexual violence. | |
| Please register with a doctor (sometimes known as a General Practitioner or GP) if you haven't already done so! The NHS website has a facility to search for GP services . If you need any help, contact UAL's Health Advisers at studenthealth@arts.ac.uk | |
| Be ready to study and work online | |
| Look for an email in your student email account containing instructions on accessing your IT credentials and familiarise yourself with the support available from IT Services . | |
| Watch UAL's video to get started studying online and get to know the online study tools we use at UAL . | |
| Watch Academic and Social Life at UAL to learn about UAL's academic culture and how to get the most out of your time here. | |
| Download the MyUAL app and sign in with your IT credentials. Turn on your notifications to get system alerts, access your timetable, emails and latest UAL news. | |
| Read about how UAL takes care of your data and what you can do to keep yourself and information about you safe online . | |



Know where to get help and support

Get to know [UAL's Student Wellbeing Hub](#) for resources that can help you stay well during your studies – if you need more help with your health and wellbeing take a look at what our [Counselling](#), [Health Advice and Chaplaincy services](#) offer.

UAL students have access to [Togetherall](#), a 24-hour, safe, online community where people support each other anonymously to improve mental health and wellbeing. **Register for Togetherall with your UAL email address so you can take part and get support.**

Share any health/disability-related requirements for studying with [Disability Services](#).

Review our student services by [watching this video](#) and exploring [UAL's Student Services webpages](#).

Take a look at the [Library's welcome guide](#) to get to know more about what you can access whilst you're online, and **watch this 3 minute video to help you locate resources in your subject area.**

Find the Librarian who works with your course and contact them if you need Library support (or use online Library chat!).

Watch this short film about Academic Support, and look at the resources available to you in [Academic Support Online](#). Academic Support is a great way to access tutorials, workshops and resources to help you with your studies, including your writing and communication skills.

If English is an additional language for you, find out more about [English Language Development](#) by [watching this film](#) and checking out [these resources](#).

Get to know more about [Arts SU Advice Service](#), a professional advice service run by Arts SU which is free, confidential and non-judgemental. Get in touch if you need advice on housing and help with UAL's academic processes.

Worried about fees, funding, immigration or visas? [UAL's Student Advice Service](#) may be able to help. Take a look at [UAL's Hardship Fund](#) if you're struggling with study costs.

Do you know about [Tell Someone](#)? It's an anonymous way to report if you have experienced racism and/or other forms of discrimination, bullying, harassment, sexual violence at UAL, so you can get help and support.

Be ready to work together

Watch the [Introduction to Arts SU](#) to hear all about your student union, including how they represent you and how you can get involved. [Look at their website](#) and [connect with Arts SU](#).

Complete UAL's two-part [Creative Mindsets online activity](#), there's one on [developing a growth mindset](#) and one on [understanding bias](#). Click and work your way through both of these resources

Prepare to be a part of UAL's international community by working through this [online activity](#).

Get involved

Look for virtual events on [Arts SU's What's On page](#) and join in.



| | |
|---|--|
| <p>Read about UAL's commitment to becoming an anti-racist university and take a look at UAL's anti-racism action plan.</p> | |
| <p>If you are a postgraduate student, learn more about Post-Grad Community, a UAL-wide postgraduate network to share work, find opportunities and connect with other creatives.</p> | |
| <p>Join the Climate Emergency Network: get connected with creatives across UAL who are engaged in environmental projects, research and action. Sign up for the Climate Emergency Network Newsletter.</p> | |
| <p>Get to know about Shades of Noir, UAL's Centre for Race and Practice-Based Social Justice is full of resources and opportunities for students.</p> | |

Before you arrive onsite

| | |
|--|--|
| <p>Find out where to get vaccinated and tested for COVID-19. Watch our Identifying and reporting Covid-19 and mental health support video. Find out about UAL's support for students in quarantine.</p> | |
| <p>Read and follow UAL's COVID-19 Community Pledge and play your part in keeping the whole community safe and well.</p> | |
| <p>If you have a visa to study with us, within 48 hours of arriving in the UK you must upload evidence you're in the country to your UAL Portal. Read our instructions for what you must do when you arrive in the UK.</p> | |
| <p>Contact your Programme Administration team to confirm when you're planning to attend on site.</p> | |
| <p>Arrange to collect your Student ID card.</p> | |
| <p>Refresh yourself on the Student Guide for lots of practical help, advice, hints and tips.</p> | |
| <p>Download your college Welcome Guide! There's a helpful guide available for each college – download a copy so you can use it as you get to know your college: Camberwell, Chelsea, CSM, LCC, LCF and Wimbledon.</p> | |
| <p>Find your community at UAL by joining student led sports clubs and societies.</p> | |
| <p>Run through the Library's introductory online tutorial so you can familiarise yourself with the different college libraries before you arrive and remind yourself of everything the Library has to offer.</p> | |
| <p>Watch our general health and safety induction video.</p> | |
| <p>Watch our fire safety and evacuation procedures video.</p> | |
| <p>Do you want to find a job? Arts Temps is UAL's very own recruitment agency. Take a look at all available vacancies on the UAL Arts Temps Jobs board here. Register if you want to apply.</p> | |

