

## UAL Big Welcome Student Checklist

Your first few weeks at UAL are exciting but very busy! Here are some essential things to do that you shouldn't miss as you get started - try to complete your checklist by the end of your second week of teaching if you can.



### The essentials

Stay safe	☑
Have a look at UAL's latest <a href="#">advice and support to help you study safely</a> .	
Find out where to <a href="#">get vaccinated and tested for COVID-19</a> . Find out about UAL's <a href="#">support for students in quarantine</a> .	
Take a look at this <a href="#">guidance on studying and creating safely at home</a> .	
Watch our <a href="#">general health and safety induction video</a> .	
Watch our <a href="#">fire safety and evacuation procedures video</a> .	
<b>Complete UAL's online sexual consent module.</b> Learn about what sexual consent means and challenge myths surrounding sexual violence.	
<b>Please register with a doctor</b> (sometimes known as a General Practitioner or GP) if you haven't already done so! The NHS website has a <a href="#">facility to search for GP services</a> . If you need any help, contact UAL's Health Advisers at <a href="mailto:studenthealth@arts.ac.uk">studenthealth@arts.ac.uk</a>	
Know where to get help and support	
<b>Get to know UAL's Student Wellbeing Hub</b> for resources that can help you stay well during your studies – if you need more help with your health and wellbeing take a look at what our <a href="#">Counselling</a> , <a href="#">Health Advice and Chaplaincy services</a> offer.	
UAL students have access to <a href="#">Togetherall</a> , a 24-hour, safe, online community where people support each other anonymously to improve mental health and wellbeing. <b>Register for Togetherall with your UAL email address so you can take part and get support.</b>	
<b>Share any health/disability-related requirements</b> for studying with <a href="#">Disability Services</a> .	
<b>Review our student services</b> by <a href="#">watching this video</a> and exploring <a href="#">UAL's Student Services webpages</a> .	
<b>If English is an additional language for you</b> , find out more about <a href="#">English Language Development</a> by <a href="#">watching this film</a> and checking out <a href="#">these resources</a> .	
<b>Take a look at the Library's welcome guide</b> to get to know more about what you can access whilst you're online, and <b>watch this 3 minute video to help you locate resources in your subject area</b> .	



**Watch this short film about Academic Support**, and look at the resources available to you in [Academic Support Online](#). Academic Support is a great way to access tutorials, workshops and resources to help you with your studies, including your writing and communication skills.

**Get to know more about Arts SU Advice Service**, a professional advice service run by Arts SU which is free, confidential and non-judgemental. Get in touch if you need advice on housing and help with UAL's academic processes.

### Be ready to study and work online

Look for an email in your student email account containing instructions on **accessing your IT credentials** and familiarise yourself with the [support available from IT Services](#).

Watch UAL's video to [get started studying online](#) and [get to know the online study tools we use at UAL](#).

**Watch Academic and Social Life at UAL** to learn about UAL's academic culture and how to get the most out of your time here.

**Download the MyUAL app** and sign in with your IT credentials. Turn on your notifications to get system alerts, access your timetable, emails and latest UAL news.

**Read about how UAL takes care of your data** and [what you can do to keep yourself and information about you safe online](#).

### Be ready to work together

**Complete UAL's two-part Creative Mindsets online activity**, there's one on [developing a growth mindset](#) and one on [understanding bias](#). Click and work your way through both of these resources

**Prepare to be a part of UAL's international community** by working through this [online activity](#).

**Watch the Introduction to Arts SU** to hear all about your student union, including how they represent you and how you can get involved. [Look at their website](#) and [connect with Arts SU](#).

## Important and useful information and links

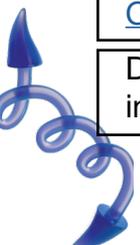
Arrange to [collect your Student ID card](#). There are useful videos to help you.

**Contact your Programme Administration team** to confirm when you're planning to attend on site.

Read and follow [UAL's COVID-19 Community Pledge](#) and play your part in keeping the whole community safe and well.

**Download your college Welcome Guide!** There's a helpful guide available for each college – download a copy so you can use it as you get to know your college: [Camberwell](#), [Chelsea](#), [CSM](#), [LCC](#), [LCF](#) and [Wimbledon](#).

Don't forget about the [Student Guide](#) for lots of practical help, advice, hints and tips, including how to set up a student bank account – don't forget to get this sorted out.



Get to know about [Shades of Noir](#), UAL's Centre for Race and Practice-Based Social Justice is full of resources and opportunities for students.

Worried about fees, funding, immigration or visas? [UAL's Student Advice Service](#) may be able to help. Take a look at [UAL's Hardship Fund](#) if you're struggling with study costs.

Do you want to find a job? [Arts Temps](#) is UAL's very own recruitment agency. Take a look at all available vacancies on the [UAL Arts Temps Jobs board](#) here. [Register](#) if you want to apply.

Read about [UAL's commitment to becoming an anti-racist university](#) and take a look at [UAL's anti-racism action plan](#).

Join the [Climate Emergency Network](#): get connected with creatives across UAL who are engaged in environmental projects, research and action. Sign up for the [Climate Emergency Network Newsletter](#).

Do you know about [Tell Someone](#)? It's an anonymous way to report if you have experienced racism and/or other forms of discrimination, bullying, harassment, sexual violence at UAL, so you can get help and support.

## Other great things to do and know about

Find your community at UAL by joining [student led sports clubs and societies](#).

Meet new people – [Arts SU's Companion Scheme](#) matches you to another student who has also joined the scheme. Once you've joined, you might like to join one of the Arts SU Companion Groups too.

If you are a postgraduate student, learn more about [Post-Grad Community](#), a UAL-wide postgraduate network to share work, find opportunities and connect with other creatives.

Look at UAL's [Arts SU event schedules](#) and join in!

Listen to some [Student Voices](#). Find out what our students think about being at UAL by listening to their different experiences – or listen to [the full playlist](#).

Hear from UAL's **President and Vice Chancellor** – James Purnell has a [Welcome message for you](#).

Most important point? Don't forget to enjoy yourself! Make friends, take care of yourself and each other...

